

UCR SOM COVID-19 Guidelines (updated August 5, 2021)

General COVID Hygiene/Safety Guidelines

We recommend that you follow, at all times, updated infection control and prevention practices as outlined by the CDC, CDPH, and Riverside County Department of Public Health. If you have been exposed to or infected with COVID, or if no medical grade surgical masks are available for patient care or if you have any concerns about your safety, please call the emergency hotline at (951) 827-8275 or email Student Affairs or education dean immediately.

- **DO NOT ENGAGE IN PATIENT CARE!**
- **DO NOT COME TO CAMPUS/CLINIC/HOSPITAL**
- Complete the [DAILY WELLNESS SURVEY](#) and the [UCR SOM Occupational link](#)
- Get a COVID test.
- Before you are cleared to return to hospital, clinic or classroom, you must:
 - Have a negative COVID test
 - Have no fevers (100 F) for 24 hours (without medications).
 - Have no respiratory or other symptoms for ten days.
- If exposed to a patient while appropriately masked (N-95 or medical grade surgical mask*) you can continue with clerkship/classroom responsibilities while monitoring for symptoms. You may indicate ‘no exposure’ on the [DAILY WELLNESS SURVEY for the next 14 days](#). We highly recommend testing for COVID 5 days after exposure.
- If you become symptomatic, you will need to get COVID testing immediately.
- Call the hotline (951)-827-8275 for further guidance.

Please also immediately complete the [Daily Wellness Survey](#) and [the Occupational Exposure link](#).

- If exposed to a patient while appropriately masked (N-95 or medical grade surgical mask - **cloth based masks are not considered protective equipment**) you can continue with clerkship responsibilities while monitoring for symptoms. You may indicate ‘no exposure’ on the [DAILY WELLNESS SURVEY for the next 14 days](#). Please [complete the UCR SOM Occupational link](#)
- Call the hotline (951) 827-8275 for further guidance.

UCR SOM is committed to our students' safety especially while you are taking care of patients. The COVID epidemic has posed a unique challenge for all healthcare workers as it can be easily transmitted both in the community as well as the clinical setting. We consider our students who are on clinical rotations to be part of our essential healthcare team and they need to be adept in providing safe patient care during this COVID-prevalent time. This document provides helpful guidelines to assist you as you navigate patient care. These guidelines will be updated as the evidence emerges and new standards evolve.

General COVID Hygiene/Safety Guidelines

- Maintain six feet distance from others whenever possible, avoid close contact with others for less than 15 minutes if possible.
- Students should not participate in aerosol generating procedures or specimen collection **unless** properly supervised **AND** have proper equipment (N95, gown, gloves and eye protection).
- Please wash hands or use alcohol based sanitizer after contact with any high touch surfaces (counters, work desks, door knobs elevator buttons, multi use computers etc.)
- We recommend that you follow, at all times, updated infection control and prevention practices as outlined by the CDC, CDPH, and Riverside County Department of Public Health. If no surgical masks are available for patient care or if you have any concerns about your safety, please call the emergency hotline at (951) 827-8275 or email Student Affairs or education dean immediately.
- Wear medical grade facemask at **all** times (cloth face masks are not considered PPE) even when not performing patient care in clinical settings or inside buildings.
- Discard face mask when leaving hospital/clinical site or immediately when soiled or damaged.